

MAY/June

Board Meeting Tuesday, 10:00 a.m., May 13, June 10, at the Center. Everyone welcome to share ideas and comments to increase our efforts to support the center.



Legal Assistance , Thursday, May 8, June 12. Volunteer attorney is available with a free 30 minute appointment offering legal assistance in areas such as estate planning, wills, consumer complaints, etc.



Call Sandy Senior Center for appt.
38348 Pioneer Blvd. (503) 668-5569.

Congregate Lunch: 12:30 p.m Monday - ZigZag Restaurant and Thursday - Barlow Trail. No reservations necessary. Suggested donation is \$5.00 for each meal. Please note! We can accommodate dietary needs prescribed by doctors' orders! We can not accommodate dislikes. Advance notice please. Under 60 please pay \$6. Glad to pick you up! Call by 10 a.m. same day.



Let us do the driving!

Shop Sandy area stores on Wednesday, May 7 & 21, June 4 & 18. Call no later than the day before. **Suggested transportation donation of \$2.00.** Driver can assist with parcels. We will start picking up riders at 9:30 a.m. Make your hair and/or manicure appointments in the morning. We will make every attempt to combine all your appointments.



Foot Clinic, Tuesday, May 20, 9:30 a.m. to 11:30 a.m. LPN will provide basic foot care. Includes toenail or fingernail trimming, nail filing. Bring a towel and \$15.00. Clip, file and 10 minute foot massage for \$22.00. Call for appointment. (503) 622-3331. Next clinic: July 15.



“If one advances confidently in the direction of his dreams, and endeavors to live the life he has imagined, he will meet with success unexpected in common hours.”

Henry David Thoreau

May 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 10am:TaiChi 12:30:Lunch/ Barlow	2 Trip today	3
4	5 12:30:Lunch ZigZag 2pm:Cards	6 10am:Knit	7 9:30:Shop 10am:Tops	8 10am:TaiChi 12:30:Lunch/ Barlow Legal/Sandy	9 Trip today	10
11	12 12:30:Lunch ZigZag 2pm:Cards	13 10am: Knit 10am:Board Mtg. 2pm:Book club	14 10am:Tops	15 10am:TaiChi 12:30:Lunch/ Barlow 2pm:music jam	16	17
18	19 12:30:Lunch ZigZag 2pm:Cards	20 9:30:Foot Clinic 10am:Knit Trip today	21 9:30am:Shop 10am:Tops	22 10am:TaiChi 12:30:Lunch/ Barlow	23	24
25	26 Memorial Day Center closed	27 10am: Knit	28 10am:Tops	29 10am:TaiChi 12:30:Lunch/ Barlow	30	31

June 2014

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1	2 12:30:Lunch ZigZag 2pm:Cards	3 10am: Knit Trip today	4 9:30:Shop 10am:Tops	5 10am:TaiChi 12:30:Lunch/ Barlow	6	7
8	9 12:30:Lunch ZigZag 2pm:Cards	10 10am: Knit 10am:Board Mtg 2pm: Book club	11 10am:Tops	12 10am:TaiChi 12:30:Lunch/ Barlow Legal Clinic/ Sandy	13 6pm:Dinner	14
15	16 12:30:Lunch ZigZag 2pm:Cards	17 10am: Knit Trip today	18 9:30:Shop 10am:Tops	19 10am:TaiChi 12:30:Lunch/ Barlow 2pm:music jam	20	21
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May



June

Sign-up for all trips starts on April 24th, 2014

May 2, Friday, Oregon State Button society in Keizer. See thousands of vintage antique and contemporary clothing buttons, singles and sets; collectible and craft. Learn more about buttons, meet collectors and button makers and dealers from around the United States. Lunch available on site for \$5-\$7.00. Transportation \$6.00. Leave center 9 a.m.

May 9, Friday: *Portland Art Museum. Venice: this stunning exhibition explores the golden age of art and music in the Republic of Venice between the early 16th century and the fall of the Venetian Republic at the close of the 18th century.* The great flourishing of the arts included innovative painters such as Titian, Tintoretto, Tiepolo, Canaletto, and Guardi, as well as composers Willaert, Gabrieli, Monteverdi, and Vivaldi who created the new musical forms of opera and the quartet. This spectacular exhibition explores the important interrelationships of the visual arts and music in the city's civic ceremonies, festivals, and culture.

This multidisciplinary exhibition is the first to explore the interaction between the visual arts, music, and political culture in Venice and will include paintings, prints, drawings, illuminated manuscripts, and sculptures along with original period instruments and early music texts. Entrance fee \$17.00. Transportation, \$5.00. Leave center at 9:00 a.m. Will stop off at a suitable lunch place after the visit.



May 20, Tuesday; Pendleton Woolen Mill Store on McLoughlin Blvd. The Woolen Mill store is your source for first quality Pendleton fabrics, remnants and notions for sewing and crafting. The Woolen Mill Store sells Pendleton yarn, buttons, notions and patterns, home products at unbelievable prices. Weekly deliveries from Pendleton's mills bring selvage and blanket trimmings (worms) that are prized by crafters all over the county for rugs and other creative pursuits. 9:30 a.m. Lunch on your own at Killer Burgers in Sellwood. Transportation \$5.00.

June 3, Tuesday, Traders Joe's/ FuBonn Chinese Market and Shopping Center. Just down the street from Trader Joe's is the largest Asian Shopping center in Oregon. Supermarket & Deli, Candy Bag, Bubble Bubble Tea, Meianna Bakery, Starbucks Coffee, Gift shops and more. First stop FuBonn's to shop and lunch on your own at the Vietnamese Restaurant or SokongDong Tofu & BBQ, then finish off your shopping at Trader Joe's. Leave center 9:30 a.m.. Transportation \$5.00.



Tuesday, June 17th: Chang's Mongolian Grill serves bold, flavorful

Asian-inspired dishes in an upscale, casual setting. Select your choice of meats and fresh vegetables along with a wide assortment of exotic seasonings. After making your selection from the food bar, proceed to the grill area and let the Chef do the rest. Soup, Rice and/or Crepes will be brought to your table. Go back to the food bar as many times as your appetite allows! Senior rates: \$7.95. After lunch off to the trail (benches at parking lot) at Glendoveer Golf Course, or on a first come, first served basis, hit a few balls on the driving range. Prices range from \$3 to \$8 per bucket. Leave center at 10:15 am. Transportation \$6.00.

Tuesday, June 24th, Spirit Mountain Casino in Grande Ronde. Leave Center at 8 a.m. Return about 5:00 p.m.



Registration for trips. Sign up yourself and one other person. You may call our office to be placed on the interested list. Your seat is reserved when fees are collected. No refunds will be made for cancellations made less than 48 hours (two working days) before trip unless the trip is canceled by the Center. Check in 10 minutes before departure time. These trips are for Seniors over age 60. Under 60 may go on trips if seats are available on the Bus. Seniors have Priority.