

# August 2011

**B**oard Meeting: Monday, August 8th at 11:00 am at the Center. Everyone welcome.



**L**egal Assistance: Thursday, August 11th. Volunteer attorney is available for a free 30 minute appointment offering legal assistance in areas such as estate planning, wills, consumer complaints, etc. Call Sandy Senior Center (38348 Pioneer Blvd) for appointment. (503) 668-5569.



**C**ongregate Lunch: 1:00 pm Monday, ZigZag Restaurant; and Thursday, Barlow Trail. No reservations necessary. Suggested donation is \$5.00 for each meal. Please note! We can accommodate dietary needs prescribed by doctors' orders! We can not accommodate dislikes. Advance notice please. Under 60 please pay \$6.



**S**hop Sandy area stores Wednesday, August 3rd, 17th & 31st.

**Let us do the driving!**

Suggested donation, \$2.00. Driver can assist with parcels. Please call no later than the day before. We need 5 people to make a trip. We will start picking up riders at 10 am. Make your hair and/or manicure appointment in the morning. We will make every attempt to combine all your appointments.



**F**oot Clinic: Call Senior Center for appointment on September 8th. (503) 622-3331.



**H**earing Clinic: Monday, August 8th, 11 am to noon. Check hearing, clean hearing aids and replace batteries. Appointments must be scheduled at the Sandy Senior Center (503) 668-5569.



**Volunteers needed !!! We need drivers for personal errands and Meals on Wheels. Please call our office 503-622-3331.**

A 6-year-old was asked where his grandma lived. "Oh," he said, "she lives at the airport, and when we want her, we just go get her. Then, when we're done having her visit, we take her back to the airport."

# August 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 1pm: Lunch ZigZag	2 10am:Line Dance	3 10am:Tops 10am:shopping 12:30:Computer class	41 10am:Line Dance 1pm:Lunch Barlow Trail	5	6
7	8 11:Board Mtg. 11:Hearing Clinic/Sandy 1pm: Lunch ZigZag	9 10am:Line Dance	10 10am:Tops 12:30:Computer class	11 9am:Legal clinic/Sandy 10am:Line Dance 1pm:Lunch Barlow Trail	12	13
14	15 1pm: Lunch ZigZag 1pm:Fabric paint	16 10am:Line Dance	17 10am:Tops 10am:shopping 12:30:Computer class	18 10am:Line Dance 1pm:Lunch Barlow Trail	19 Trip today	20
21	22 1pm: Lunch ZigZag	23 10am:Line Dance	24 10am:Tops 12:30:Computer class	25 10am:Line Dance 1pm:Lunch Barlow Trail	26 Breakfast trip today	27 Trip today  Huckleberry pancake Breakfast \$5 Mt Hood Village 9-12noon Volunteers Needed!!! Call if you can help
28 Huckle- berry Breakfast Continues Today!!	29 1pm: Lunch ZigZag	30 10am:Line Dance	31 10am:Tops 10am:shopping			