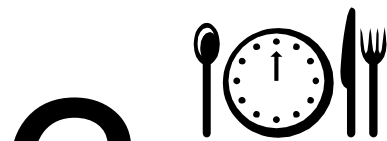


April 2011

Board Meeting, Monday, April 11th at 11:00 am at the Center. Everyone welcome.



Congregate Lunch: 1:00 p.m., Monday, ZigZag Restaurant; Thursday, Barlow Trail. No reservations necessary. Suggested donation is \$5.00 for each meal. **Please note!** **We can accommodate dietary needs prescribed by doctors' orders! We can not accommodate dislikes. Advance notice please.**

F

oot Clinic:

May 19th



H

earing Clinic: Wednesday, April 13th, 11a.m. to check hearing, clean hearing aids and replace batteries. Appointments must be scheduled at the Sandy Senior Center, 503-668-5569



Legal Assistance: Thursday, April 14th Volunteer attorney is available for free 30 minute appointment offering legal assistance in areas such as estate planning, wills, consumer complaints, etc. Call Sandy Senior Center (38348 Pioneer Blvd.) for appointment, (503) 668-5569.



S

hop Sandy area stores, Wednesday, April 6th & 20th.

Transportation \$2. Driver can assist with parcels. Please, call no later than the day before. We need 5 people to make a trip. We will start picking up riders at 10 a.m. Make your hair appointment, manicure appointments in the morning, we will make every attempt to combine all your appointments.

Let us do the driving!



I'm always slightly terrified when I exit out of Word and it asks me if I want to save any changes to my ten-page technical report that I swear I did not make any changes to.

April 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 1pm:lunch ZigZag	5 10am:Line dance	6 10am:tops 10am:shop	7 10am:Line dance 1pm:Lunch Barlow Trail	8	9 TRIP today
10	11 11:Board Meeting 1pm:lunch ZigZag	12 10am:Line dance	13 10am:tops 11am:Hear ing clinic/ Sandy	14 9am:legal clinic/Sandy 10am:Line dance 1pm:Lunch Barlow Trail	15	16 TRIP
17	18 1pm:lunch ZigZag 1pm:Fabric painting	19 10am:Line dance TRIP	20 10am:tops 10am:shop	21 10am:Line dance 1pm:Lunch Barlow Trail	22	23
24	25 1pm:lunch ZigZag	26 10am:Line dance	27 Defensive Driving Class 9-4pm	28 10am:Line dance 1pm:Lunch Barlow Trail	29	30