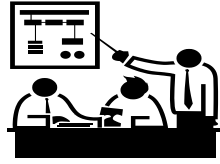


March

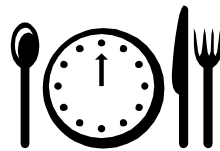


Board Meeting: March 14, 2011, Monday, 11:00 am at the Center. Everyone welcome.

Legal Assistance: Thursday, March 10th, Volunteer attorney is available for free 30 minute appointment offering legal assistance in areas such as estate planning, wills, consumer complaints, etc. Call Sandy Senior Center (38348 Pioneer Blvd.) for appointment at (503) 668-5569.



Congregate Lunch: 1:00 pm, Monday, ZigZag Restaurant; Thursday, Barlow Trail. No reservations necessary. Suggested donation is \$5.00 for each meal. Please note! We can accommodate dietary needs prescribed by doctors' orders! We can not accommodate dislikes. Advance notice, please.



Let us do the driving!

Shop Sandy area stores on Wednesday, March 2nd & 16th & 30th , Call no later than the day before. Transportation \$2.00. Driver can assist with parcels. We need 5 people to make a trip. We will start picking up riders at 10:00 am. Make your hair appointment, manicure appointments, in the morning. We will make every attempt to combine all your appointments.



Foot Clinic: March 17th, Thursday, Bring a towel and \$13.00. Clip, file and 10 minute foot massage for \$20.00. Call for appointment, (503) 622-3331.



Hearing Clinic: Wednesday, March 9th , Sandy Senior Center, 503-668-5569. call for appointment.

I hate when I just miss a call by the last ring (Hello? Hello?) but when I immediately call back, it rings nine times and goes to voice mail. What did you do after I didn't answer? Drop the phone and run away?

March 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 10am:Line dance	2 10am;tops 10am:shop	3 10am:Line dance 1pm:Lunch Barlow Trail	4	5
6	7 1pm:lunch ZigZag	8 10am:Line dance	9 10am:tops 11am:hearing clinic/Sandy	10 9am:legal clinic/Sandy 10am:Line dance 1pm:Lunch Barlow Trail	11	12
13	14 11am:Board Mtg. 1pm:lunch ZigZag	15 10am:Line dance TRIP	16 10am;tops 10am:shop	17 9am:foot clinic 10am:Line dance 1pm:Lunch Barlow Trail	18	19
20	21 1pm:lunch ZigZag 1pm:Fabric painting	22 10am:Line dance	23 10am:tops	24 10am:Line dance 1pm:Lunch Barlow Trail	25	26 TRIP
27	28 1pm:lunch ZigZag	29 10am;Line dance TRIP	30 10am:tops 10am:shop	31 10am;Line dance 1pm:Lunch Barlow Trail		