

September 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 10am:Line Dance	2 9am:Yoga 10am:Tops	3 10am:Line dance 1pm:Lunch Barlow Trail	4	5
6	7 Labor Day Center closed	8 10am:Line Dance	9 9am:Yoga 10am:Tops 10am:Shop	10 9:30am:Foot Clinic 10am:Line dance 1pm:Lunch Barlow Trail 2pm:Hearing Clinic Legal clinic/ Sandy	11 Trip today	12
13	14 11am:BoardMtg 1pm:Lunch Wildwood Cafe	15 10am:Line Dance 11am:Arthritis Exercise Trip today	16 9am:Yoga 10am:Tops 4pm:Dinner ZigZag Inn	17 10am:Line dance 11am:Arthritis exercise 1pm:Lunch Barlow Trail	18 Trip today	19
20	21 1pm:Lunch Wildwood Cafe	22 10am:Line Dance 11am:Arthritis exercise	23 9am:Yoga 10am:Tops 10am:Shop	24 10am:Line dance 11am:Arthritis exercise 1pm:Lunch Barlow Trail	25 Trip today	26
27	28 1pm:Lunch Wildwood Cafe	29 10am:Line Dance 11am:Arthritis Exercise Trip today	30 9am:Yoga 10am:Tops			