

July 2009

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|---|---------------------------------------|---|--|------------------|-----|
| | | | 1 9am:Yoga 9am:walk 10am:Tops | 2 10am:Line Dance 1pm: Lunch Barlow Trail | 3 | 4 |
| 5 | 6 1pm:Lunch Wildwood Cafe | 7 10am:Line Dance Trip today | 8 9am:Yoga 9am:walk 10am:Tops 10am:Shop | 9 9:30:Foot clinic 10am:LineDane 1pm: Lunch Barlow Trail 2pm:Hearing clinic | 10 | 11 |
| 12 | 13 11am: Board Mtg. 1pm:Lunch Wildwood Cafe | 14 10am:Line Dance | 15 9am:Yoga 9am:walk 10am:Tops 4pm:Dinner ZigZag Inn | 16 10am:Line Dance 1pm: Lunch Barlow Trail | 17 Trip today | 18 |
| 19 | 20 1pm:Lunch Wildwood Cafe | 21 10am:Line Dance | 22 9am:Yoga 9am:walk 10am:Tops 10am:Shop | 23 10am:Line Dance 1pm: Lunch Barlow Trail | 24 | 25 |
| 26 | 27 1pm:Lunch Wildwood Cafe | 28 10am:Line Dance | 29 9am:Yoga 9am:walk 10am:Tops | 30 10am:Line Dance 1pm: Lunch Barlow Trail | 31 Trip today | |