

# TAMANAWAS FALLS TRAIL #650A



Northwest Forest Pass	→	Required
Distance	→	1.9 miles one-way
Elevation	→	High 3,400 feet - Low 3,040 feet
Snow Free	→	May - October
Difficulty	→	Moderate/Strenuous

**Directions to Trailhead:** Travel south from Hood River on Highway 35 approximately 25 miles to the Tamanawas Falls Trailhead parking area on the west side of the highway. Trailhead is ¼ mile north of Sherwood Campground.

**Trail Highlights:** An ideal destination to cool off on a hot summer afternoon! The falls are approximately 100 feet high and 40 feet wide. The trail follows Cold Spring Creek and is shaded by Douglas Fir, Cedar and a variety of deciduous trees and shrubs. Keep your eyes open for signs of beaver about half mile from the trailhead.

**Trail Description:** From Tamanawas Falls parking area cross the East Fork of the Hood River on a log bridge and go straight (north) on the East Fork Trail #650. Trail continues north along the west bank of the river for half a mile to a junction with the Tamanawas Falls Trail #650A. Continue straight ahead on Trail #650A. Cross Cold Spring Creek on a plank bridge and turn left. Follow the trail until it forks; both forks join back together eventually. The right fork is steep and rocky but overall the easier trail. The left fork starts out gently but rises very quickly and becomes difficult. After the forks rejoin, the trail continues through a large rockslide. Note the red flagging on the other side of the rockslide; this is where the original trail begins again. After the slide, the trail then becomes clear and easy to follow all the way to the Falls.

MAP ON REVERSE

**RECREATION OPPORTUNITY GUIDE**  
**MT. HOOD NATIONAL FOREST**  
Hood River Ranger District  
6780 Highway 35 – Parkdale, OR 97041  
541-352-6002  
[www.fs.fed.us/r6/mthood](http://www.fs.fed.us/r6/mthood)



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