

Mt Hood National Forest
Hood River Ranger District



6780 Hwy. 35
Parkdale, OR 97041
(541) 352-6002

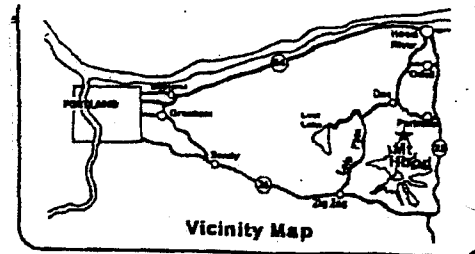
UMBRELLA FALLS SAHALIE FALLS TRAIL

Trail #:	645/667/667C
NW Forest Pass Required	
Distance:	3.6 Miles
Elevation:	High 5200' /Low/ 4,600'
Used By:	Hikers/Bikers
Snow Free:	Late June - Mid-October
Difficulty:	Moderate

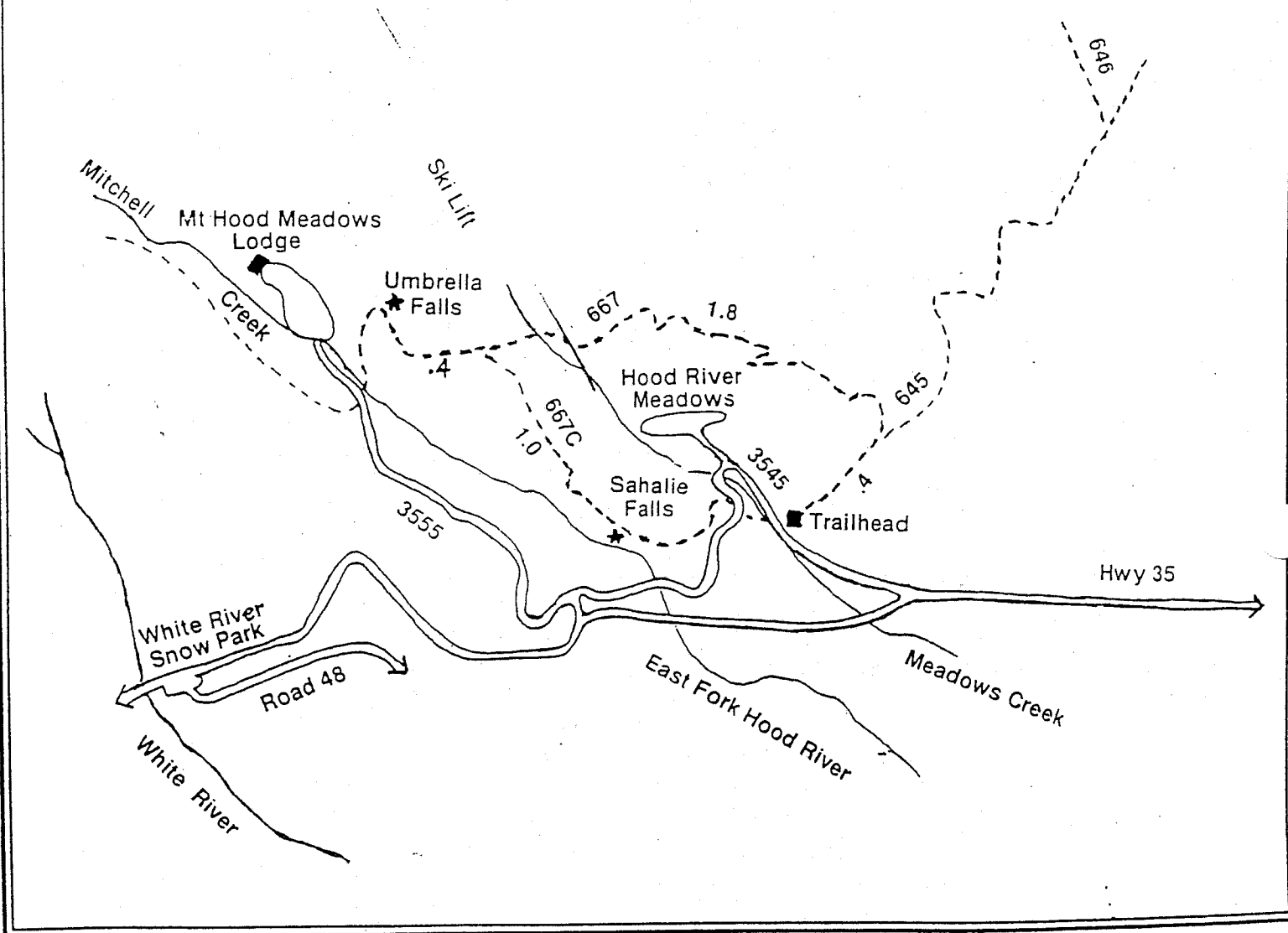
Directions to trailhead: Drive south from Hood River Ranger Station on Highway 35 approximately 17 miles. Turn right at the Hood River Meadows nordic ski area sign and drive to the trailhead parking area on the right.

Trail highlights: Some beautiful alpine meadows, 2 waterfalls, and a close up view of Mt Hood combine to make this a lovely and not too difficult day hike. Mid through late summer offers a profusion of wildflowers.

Trail description: From the trailhead, you may choose to cross the road and take the west entrance, trail #667C, or enter at the trailhead parking area and follow the Elk Meadow trail #645 about .25 mile to the Umbrella Falls junction. If you start at the west side of the road, you will cross Meadows Creek and begin the moderate climb to Sahalie Falls. You will reach the viewpoint in about .25 mile. The trail passes over several bridges before arriving at the Umbrella Falls spur trail about 1 mile from the trailhead. This will take you to the falls in about .4 mile. After viewing the falls, return to the main trail and continue east on trail 667. This will take you down through alpine meadows and below the ski lift. In about 1.8 miles you will reach the junction of trail #645, in about .5 mile, taking this trail to the west will return you to the trailhead.



UMBRELLA FALLS - SAHALIE FALLS LOOP #667C, 667, 645



Leave No Trace

The Leave No Trace (LNT) program is a multi-agency effort established to promote and inspire responsible outdoor recreation. We hope you will accept the challenge of practicing and teaching others the six principles of Leave No Trace whenever you are participating in an outdoor experience.

PRINCIPLES OF LEAVE NO TRACE

1. Plan ahead and prepare
2. Camp and travel on durable surfaces
3. Pack it in, Pack it out!
4. Properly dispose of what you can't pack out
5. Leave what you find
6. Minimize use and impact of fires