

MT. HOOD NATIONAL FOREST

MT HOOD INFORMATION CENTER 65000 E Hwy 26 Welches OR 622-7674/622-3360

PARADISE PARK LOOP TRAIL #757

TRAIL BEGINS: 1623 meters (5320 Feet) elevation at its southern junction with the Pacific Crest Scenic Trail.

TRAIL ENDS: 1635 meters (5360 feet) elevation at its northern junction with the Pacific Crest Scenic Trail.

ACCESS: Access to the Paradise Park Loop Trail #757 can be made from the Pacific Crest National Scenic Trail (coming either from Timberline Lodge or the Ramona Falls area), or the Paradise Park Trail.

ATTRACTIONS AND CONSIDERATIONS: This trail offers a magnificent close-up view of Mt. Hood while passing through fragile alpine meadows noted for outstanding floral displays. It was originally a portion of the Pacific Crest National Scenic Trail. THIS TRAIL IS IN THE MT. HOOD WILDERNESS. WILDERNESS PERMITS ARE REQUIRED. THEY ARE SELF-ISSUING AND AVAILABLE AT TRAILHEADS OR AT THE WILDERNESS BOUNDARY.

Length: 3.8km (2.43mi.)

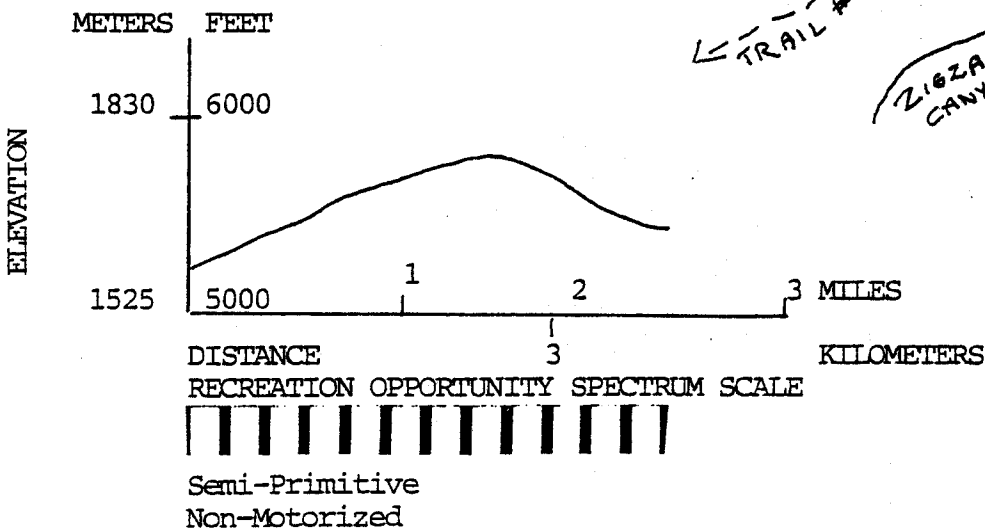
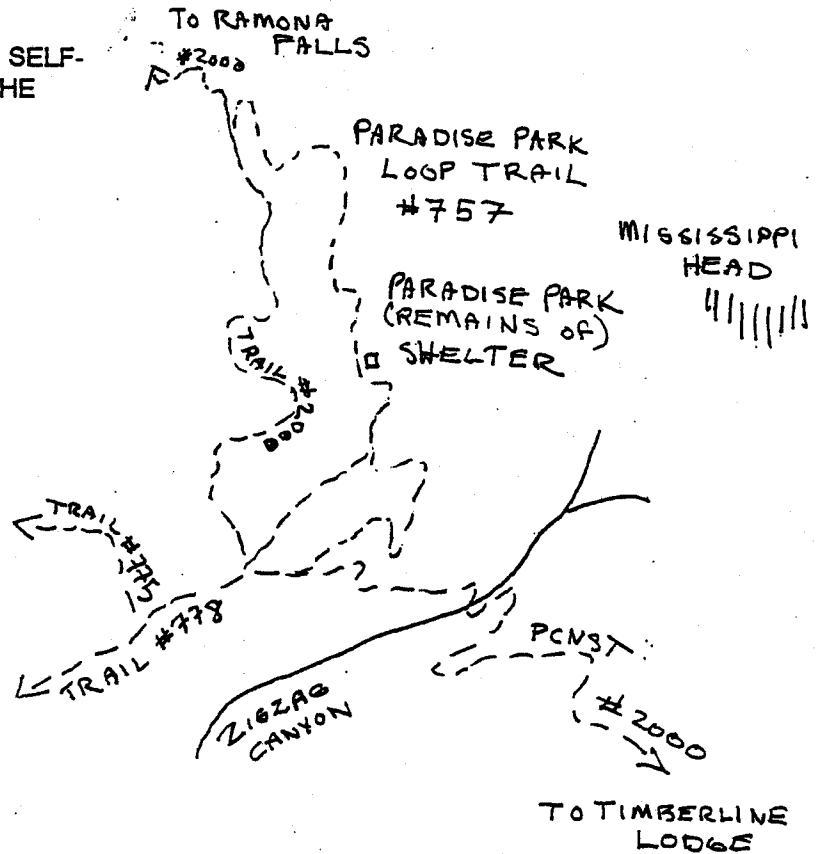


Recommend Season:

SPRING SUMMER FALL WINTER

Use: Heavy

Difficulty: Moderate





NARRATIVE: PARADISE PARK LOOP TRAIL #757

From its southern junction with the Pacific Crest National Scenic Trail #2000, the Paradise Park Loop Trail climbs and crosses some small streams to a switchback and the northern rim of Zigzag Canyon. The trail travels through open alpine meadows whose floral displays include avalanche lilies, western pasque flower, cinquefoil, Indian paintbrush, bistort, yarrow, pussy paws, and Jacob's ladder. The junction with Paradise Park Trail #778 is passed after 1 mile.

"Take only pictures, leave only footprints." Please stay on the trail in the meadow areas.

If you are traveling in this area early in the season when it is muddy or when snow remains on the trail, please walk through the mud or snow in order to stay on the trail and prevent the formation of an additional trail.

After crossing Lost Creek, the Paradise Park Shelter is on your right. Man's evidence is apparent by the stumps and the compacted area immediately surrounding the shelter. Please help this area recover by using a portable backpacking stove and by camping in the trees, leaving the meadows for yourself and others to enjoy. If you must have a fire, remember wilderness regulations prohibit them in meadow areas. Build a small fire in a safe place that has been scraped to mineral soil and lined to prevent escape. When the fire is no longer needed, drown the fire with water, stir it with a stick or trowel and feel the ashes to insure it is cold. Break up the fire ring, bury the ashes and return the area to its natural state.

If your camping destination is the shelter area, be prepared to encounter a lot of other campers. On the weekends, there are frequently more campers than space. If you are looking for a less congested opportunity, plan to spend some extra time away from the shelter area, searching out flat spots tucked away in the trees. For those who seek it, there is solitude and an unlimited opportunity back in the wooded areas.

From the shelter area, the trail crosses more open meadows with close up views of Mt. Hood's west side. It crosses the headwaters of Rushing Water Creek and ends at the northern junction with the Pacific Crest National Scenic Trail.

Forest wilderness regulations prohibit the use of motorized vehicles, bicycles, and horses on this trail to minimize resource damage in this fragile alpine environment.

WATER STATEMENT: Unfortunately, open water sources are easily contaminated by human or animal wastes. Water from springs, lakes, ponds, and streams should not be used for drinking without proper treatment. A recommended treatment is to bring clear water to a rolling boil for 5 minutes.

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